



# MEDICATIONS RETURN PROGRAM

## Don't throw it out

*Take-it back  
to your nearest  
pharmacy,  
or find more  
information at*

The Manitoba Pharmaceutical Association and the Manitoba Society of Pharmacists have provided their expertise to promote and facilitate the recovery of unused or expired medications through pharmacies.

[www.healthsteward.ca](http://www.healthsteward.ca)

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## Did You Know?

Pharmaceuticals, including all prescription drugs and over-the-counter medications in pill and liquid form, and natural health products in oral dosage form, are now part of a new stewardship program the **Manitoba Medications Return Program**.

## What is MMRP?

The Manitoba Medications Return Program is the safe and easy way to dispose of medications we all have in our homes. The purpose of the MMRP is to recover drugs that are expired or no longer needed before they are disposed of in the garbage or poured down sewers and drains.

## Why Pharmaceuticals and Natural Health Products

Keeping medicines around the house is not safe, especially if you have children/teenagers who could take the medicine by accident. Expired medications can be ineffective or even toxic. Prescription drugs, including over-the-counter medicines, can also be subject to reuse, misuse, theft and abuse. Flushing your medicines down the toilet or drain, or tossing them in the garbage, is not recommended.

## How do I dispose of medicines?

Just take the medications in their original containers (plastic bottles or blister packs, but not outer packaging), remove any personal identification, such as your name, and stop by one of our participating pharmacies across the province – you don't have to return your medications to the same pharmacy where you purchased them. Drop off your bag with the pharmacist. Not sure where to go? Visit [www.healthsteward.ca](http://www.healthsteward.ca) for the pharmacy nearest you.

## What happens to my medicines?

The MMRP will ensure the safe and appropriate storage and disposal of all your medications, according to health and environmental regulations.

## What about needles, syringes or other sharps?

This program is for medications only, a sharp disposal program might be available as well, ask your pharmacist.

## Questions?

Call your pharmacist or send us an e-mail at [info@healthsteward.ca](mailto:info@healthsteward.ca) or call us at (613) 723-7282

## Who is HPSA?

Health Products Stewardship Association (HPSA) is a not-for-profit association funded and governed by the pharmaceuticals and consumer-health products industries.



**HEALTH PRODUCTS  
STEWARDSHIP  
ASSOCIATION**